

THE YORK COUNTY SUPPORTED HOUSING PROGRAM

Shalom House, Inc. provides supported housing to adults living with a mental illness who have difficulty living independently in the community. York County has three sites in the Saco/ Biddeford area.

- ❑ **65 Adams Street in Biddeford** accommodates 6 clients.
- ❑ **11 School Street in Saco** accommodates 7 clients.
- ❑ **81 North Street in Saco** accommodates 3 clients.
- ❑ **81 North Street in Saco** accommodates 4 people in a transitional apartment.
- ❑ **14 Center Street in Biddeford** accommodates 7 clients.

Apartments are available for long-term housing. The transitional apartment is for a period of three months. Staff support is available 24 hours a day to all tenants. The role of the Shalom staff is to provide residential support while coordinating and planning with their primary mental health providers.

LONG TERM HOUSING

Apartments are available for 16 people. Some are two-bedroom apartments so staff will provide support for concerns and issues related to shared living. Tenants must with support, be able to live safely in apartments.

Staff is available to provide services to enhance residential stability. Basic safety, supervision, personal care, medication supervision, and coordination with community service providers are offered. Staff will also work to help build a sense of community in these programs. Staff is available 24 hours to provide coverage for all buildings. Shalom House provides some assistance with food and supplies. Rents will be based on fair market rent values. A security deposit of one month's rent is required at time of move-in.

TRANSITIONAL HOUSING

Transitional supported housing will be provided for 4 homeless adults who have no other immediate housing option. In a shared living environment, staff helps assess areas of strengths and needed growth related to daily living activities. Staff works closely with the tenant's community support team to collaborate on ISP goals, especially long-term housing. The length of stay is variable, up to a maximum of 3-6 months.

Services provided include medication supervision, personal supervision, daily living skills training, supportive-counseling and crisis intervention. Those areas most critical to living in more independent housing become the primary focus for staff. Staff will provide assistance as needed with meal preparation and housekeeping. Because single staffing is often the case, transportation for tenants is not possible. For individual rooms tenants pay \$400 per month for rent and a security deposit of one month's rent.

REFERRAL PROCESS:

Referrals may be made directly to the program coordinator at 81 North Street in Saco by calling 283-1500.

FUNDING:

Funding is provided through the Maine Department of Health and Human Services, MaineCare, various rental subsidies, and tenant rents.