

HOUSING AND SERVICE OPTIONS

Description of Services

**The Mission of Shalom House is to provide hope
for adults living with psychiatric illnesses by providing
a choice of quality housing and support services
that help them lead stable and fulfilling
lives in the community**

For more information contact:
Intake Coordinator
at
(207) 874-1080

HOUSING AND SERVICE OPTIONS **SHORT DESCRIPTIONS**

Resident fees and/or rents vary from program to program.

1. **Community Integration** offers individualized case management, advocacy, supportive counseling and skill teaching. *May be applied for without Shalom housing.*
2. **Action Program** Joint program operated by Shalom House Inc. & Spring Harbor Hospital serving clients who have a history of frequent hospitalizations.
3. **Peer Support Services** provides one-to-one help with support, socialization, recreation, accessing resources and learning skills by workers who have experienced mental illness. Contact the Peer Support Coordinator for an application.
4. **Consumer Educators** A team of consumers offering presentations about mental illness in schools and public venues, including personal stories of recovery. Contact the Consumer Educator Coordinator for an application.
5. **Bridging Rental Assistance Program** (BRAP) a housing rental subsidy program funded by BDS to assist low-income persons who have psychiatric disabilities.
6. **Shelter + Care** a rental subsidy program for homeless individuals experiencing mental illness, substance abuse, or AIDS. The U.S. Department of Housing and Urban Development (HUD) finance this subsidy.
7. **154 Clark Street** in Portland is an 8-bed residential treatment facility, which offers rehabilitation and support services on an individual basis.
8. **39 O'Brion Street** in Portland is a 6-bed residential treatment facility, which offers rehabilitation and support services on an individual basis.
9. **15 Wilson Street** in South Portland is a 7-bed residential treatment facility, which has the additional capacity of managing co-occurring medical problems
10. **130 Park Street** in Portland is a transitional 9-bed residential rehabilitation facility. The focus is on developing skills to meet the challenges of day-to-day living and facilitating a transition to the community. This is a program for those who are able to participate in community work or activities and who can achieve independent living within a maximum of 24 months.
11. **1476 Forest Avenue** in Portland provides transitional (3 months) housing and support to 4 individuals working on a longer-term housing plan. It also supports 4 individuals in permanent housing at the same location.
12. **Auburn House & Read Street** Auburn House serves 7 men and an additional 5 residents at the nearby Croquet Lane Apts. and Read Street serves 6 homeless women. These are low barrier facilities helping with transition to more independent and permanent housing.
13. **York County Supported Housing** operates supported apartments for 16 individuals at 3 sites in Saco and Biddeford. 24-hour staff provides residential supports in coordination with other community service providers. A 4-bed transitional apartment is also operated out of the North Street site in Saco.
14. **Supported Housing - Cumberland** are 5 sites supported by one team of mobile support workers.
 - 284 Congress Street** has 5 apartments for individuals who have specialized needs around their housing and supports.
 - 90 High Street (Brannigan House)** has 10 apartments for individuals who have some skills for independent living but choose to have additional supports.
 - 124 Spring Street** is an 8-room facility offering community living with single rooms and shared facilities.
 - 269 Vaughan Street** is a 6-room facility offering community living with single rooms and shared facilities.
 - 42 Brackett Street** is a 13-room facility offering community living with single rooms and shared facilities.
15. **Shalom Apartments and Croquet Lane Apt.** at 52-74 Croquet Lane in Portland offers permanent housing with 16 subsidized one-bedroom apartments. **No staff on site.**
16. **824 Stevens Avenue** in Portland is a facility offering 20 subsidized one-bedroom apartments available for permanent occupancy. **No staff on site.**
17. **72 Church Street** in Westbrook is a 7-unit apartment building with 6 one-bedroom and one two-bedroom apartment with rents set at fair market rent rates. **No staff on site.**

COMMUNITY INTEGRATION PROGRAM

DESCRIPTION:

Shalom House, Inc. provides community integration services to adults experiencing severe and prolonged mental illness who meet eligibility criteria.

Elements of this service include:

- Case management
- Advocacy
- Linking to services
- Skill teaching thru daily living skills
- Consultation & problem solving supports
- Crisis intervention
- Networking with other providers
- Development of Individual Service Plans*

*Individual service plans covering all major areas of a person's life are developed and monitored by staff to assist clients in achieving their stated objectives. These plans are reviewed and/or revised with clients to assure they continue to address their needs.

Community Integration Workers :

- Provide case management and community integration services to assist clients to identify and obtain services of interest to them,
- Monitor progress toward service plan goals, independent living; and when necessary, assist clients in handling crisis.
- Spend time with clients on special projects or activities, and maintain liaison with other professionals who provide treatment and/or other services to the clients.
- Meet with clients at regularly scheduled times, or as needed for special/extra support.

STAFFING:

The Community Integration team consists of a coordinator, CI workers and an administrative assistant.

REFERRAL PROCESS:

The teams are housed in the administrative offices at 106 Gilman Street. Application for Community Integration Services is made through the Intake and Referral Coordinator who can be reached Monday through Friday, 9am-5pm at 874-1080.

FUNDING:

Funding for this program comes from the Maine Department of Health and Human Services and MaineCare.

PEER SUPPORT SERVICES

DESCRIPTION:

Since 1992, the Peer Support Services program at Shalom House, Inc. has provided one-to-one help for adults living with mental illness. Peer support workers who have all experienced mental illness and are currently working on their own recovery; assist clients in getting to know Portland, as well as providing support, socialization, recreation, and access to resources. Peer support workers help clients feel more comfortable with their skills so that they can use resources more independently. All peer support workers receive training and supervision to help them be successful in this challenging position. Service is typically provided two to four hours per week. Peer support is client-driven with goals and objectives individually determined.

STAFFING:

Staffing consists of 1 Program Coordinator and Peer Support Workers.

REFERRAL PROCESS:

To assure that ongoing support and coordination can be provided, referral is by a community support worker or other professional. Referral forms may be requested from the Peer Support Coordinator at 874-1080.

FUNDING:

Peer Support Services are funded by the United Way of Greater Portland and the Maine Department of Health and Human Services.

CONSUMER EDUCATOR SERVICE

DESCRIPTION:

Since 1999, the Consumer Educator services at Shalom House, Inc. have provided public education regarding the nature and experience of mental illness. Audiences have included high school and college students, service providers, and other community organizations. Presenters are consumers of mental health services. The focus is on both factual material and real life experiences of presenters. Primary goals of the educators include addressing common misconceptions regarding mental illness and demonstrating the recovery process. Presentations can be tailored to nearly any setting and audience.

STAFFING:

Staffing consists of 1 Program Coordinator and Consumer Educators.

REFERRAL PROCESS:

Referral to this service may be requested from the Consumer Educator Coordinator at 874-1080.

FUNDING:

The Consumer Educator Service is funded by the United Way of Greater Portland.

HOUSING SUBSIDY SERVICES

DESCRIPTION:

Shalom House, Inc. administers housing subsidies for the Maine Department of Health and Human Services. Shalom House, Inc. is the local administrator of these programs and administers statewide to other local agencies.

BRIDGING RENTAL ASSISTANCE PROGRAM (BRAP) is a housing program developed and funded by DHHS. This program assists low-income persons who have severe and persistent mental illness. Participants in this program live in apartments of their choice in the community and pay 51% of their income for rent. BRAP subsidizes the remaining portion of the rent.

SHELTER+CARE is a U.S. Department of Housing and Urban Development (HUD) funded rental subsidy program for homeless individuals with certain major disabilities. Tenants pay 30% of their adjusted gross income toward their rent in a room or apartment of their choice in the community. Most tenants also receive support services from local provider agencies.

STAFFING:

These programs are administered by Shalom House's Housing Subsidy Department. There are Housing Specialists who assist clients in obtaining and maintaining their subsidies.

REFERRAL PROCESS:

Consumers interested in either of these subsidies should contact their service provider, case manager, or community support worker who can submit an application on their behalf. Providers can obtain applications for both programs through the Shalom House Housing Subsidy Department by calling 874-1080.

THE CLARK STREET PROGRAM

DESCRIPTION:

Clark Street is an 8-bed residential treatment facility located at 154 Clark Street in Portland. It is designed to provide a highly supportive housing opportunity for individuals who need rehabilitative and intensive support services. Clark Street offers a safe, home-like environment with extensive skill building opportunities for individuals with a severely disabling mental illness. To qualify for this program, applicants must meet Federal income guidelines and have a diagnosis of a major mental health disability.

Services are individualized for each person depending on their needs. Activities are geared to offer the individuals and group the opportunity to improve daily and community living skills and to broaden their life experiences. The approach is client centered with an effort to involve the resident as much as possible in the development and successful attainment of goals. All residents will be assisted in reaching the highest skill level possible to facilitate community integration. Staff will work with residents to move toward more independent living arrangements.

Clark Street is a 3-story building with 5 single rooms and 1 double. There is a comfortable communal living room, kitchen and dining area.

STAFFING:

Staff consists of 1 Program Coordinator, 2 Independent Living Skills Specialists, 2 Residential Counselors, 2 Residential Support Workers who work overnight schedules.

RENTS AND FEES:

Tenants pay \$425 per month for rent. A security deposit of one month's rent is required.

REFERRAL PROCESS:

Referral to this program is made through the Intake Coordinator at 207-874-1080.

FUNDING:

Funding is provided through the Maine Department of Health and Human Services, MaineCare, and tenant rents.

THE O'BRION STREET PROGRAM

DESCRIPTION:

O'Brion Street is a 6-bed residential treatment facility located at 39 O'Brion Street in Portland. It is designed to provide a highly supportive, long-term housing opportunity for individuals who need rehabilitation and intensive support services. O'Brion Street offers a safe, home-like environment with extensive skill building opportunities for individuals with a severely disabling mental illness. To qualify for this program, applicants must meet Federal income guidelines and have a diagnosis of a major mental health disability.

Services are individualized for each person depending on their needs. Activities are geared to offer the individuals and group the opportunity to improve daily and community living skills and to broaden their life experiences. The approach is client centered with an effort to involve the resident as much as possible in the development and successful attainment of goals. All residents will be assisted in reaching the highest skill level possible to facilitate community integration. Staff will work with residents to move toward more independent living arrangements.

O'Brion Street is a 3-story building with 4 single rooms and 1 double. There is a comfortable communal living room, kitchen and dining area. O'Brion Street has the capacity to accommodate an individual with a disability on the ground floor.

STAFFING:

Staff consist of a 0.75 time Program Coordinator, 2 Residential Counselors, 2 Independent Living Skills Specialists, 1.75 residential support workers, who provide awake supervision at night, and 1 part-time Community Integration Specialist.

RENTS AND FEES:

Tenants pay \$425 per month for rent. A security deposit of one month's rent is required.

REFERRAL PROCESS:

Referral to this program is made through the Intake and Referral Coordinator at 207-874-1080.

FUNDING:

Funding is provided through the Maine Department of Health and Human Services, MaineCare, and tenant rents.

THE WILSON STREET PROGRAM

DESCRIPTION:

Wilson Street is a 7-bed residential treatment facility located at 15 Wilson Street in South Portland. It is designed to provide a safe and very supportive home-like environment for individuals who have serious mental illness and special physical or cognitive disabilities. To qualify for this program, applicants must meet Federal income guidelines and have a diagnosis of a major mental health disability.

Through residential services, these individuals are provided with an ongoing opportunity to integrate into the community as their skill level and comfort allows. The program design includes some in-house services, which will provide the daily structure for residents. These will be individualized for each person depending upon his or her needs. The general approach is client centered with an effort to involve the resident as much as possible in the development and successful attainment of goals. The activities are geared to offer the individuals and group the opportunity to improve daily and community living skills and to broaden their life experiences. Use of outside community resources are encouraged as appropriate to the individual. Whenever possible residents will be assisted in moving toward housing that is more independent.

Wilson Street is a one-story residence, which is completely handicap accessible. There are 6 single rooms with a living room, communal kitchen and dining area and a screened porch which clients may smoke on.

STAFFING:

Staff consists of 1 Program Coordinator 5 Residential Support Workers, 2 Independent Living Skills Specialists, 2 Residential Counselors 1 part-time Community Integration Specialist, It is the most highly staffed residential option operated by Shalom House, Inc.

RENTS AND FEES:

Tenants pay \$425 per month for rent. A security deposit of one month's rent is required.

REFERRAL PROCESS:

Referral to this program is made through the Intake and Referral Coordinator at 207-874-1080.

FUNDING:

Funding is provided through the Maine Department of Health and Human Services, MaineCare, and tenant rents.

THE PARK STREET PROGRAM

DESCRIPTION:

Park Street is a 9-bed transitional residence serving persons recovering from varying degrees of mental illness. The length of stay is up to two years. The emphasis of the program is on gaining independent living skills, making friends, and learning to cope with the challenges of day-to-day living. The program is not highly structured but provides significant support. In the informal atmosphere, each resident is encouraged, with support, to structure his or her own life in a way that promotes growth and mental health. In the last six months, emphasis is on finding housing and securing necessary community supports.

Park Street is located at 130 Park Street in the heart of downtown Portland allowing ready access to medical, educational, employment, self-help and counseling resources. Residents are encouraged to familiarize themselves with the community and to create their own recreational opportunities. The house includes a kitchen, dining room and nine resident rooms.

The two most structured aspects of the program are helping to maintain their living environment (chores, etc.) and the residents' day program. Residents have daily chore assignments, cooking responsibilities, and grocery shopping. Attendance at a group community meeting held on a weekly basis is expected. Residents are responsible for finding (with support) and participating in community activities. Though the amount of hours may vary from resident to resident, a day program is expected for every resident at Park Street. A day program may consist of looking for work, paid employment, doing volunteer work, attending school, Day Treatment, etc. To qualify for this program, applicants must meet Federal income guidelines and have a diagnosis of a major mental health disability.

STAFFING:

Staff consists of 1 Program Coordinator, 3 Independent Living Skills Specialists, 2 Residential Counselor (1 – part time), and 2 Residential Support Workers. Staff works with residents to learn when and how to ask for help in the residence and how to establish community supports.

RENTS AND FEES:

Tenants pay 51% of their gross income for rent, plus an additional \$70 fee not to exceed \$670. A security deposit of \$418 is required.

REFERRAL PROCESS:

A clinical referral must be completed to start the admission process. Initial screening is conducted by the Intake and Referral Coordinator at 874-1080. An interview by program staff is required. If accepted and there are no immediate vacancies, the person's name is placed on a waiting list

FUNDING:

Funding is provided through the Maine Department of Health and Human Services, MaineCare, Cumberland County, and tenant rent.

THE FOREST AVENUE PROGRAM

DESCRIPTION:

Forest Avenue located at 1476 Forest Avenue in Portland provides housing and support for 8 individuals. The main building is a *transitional housing unit* for 4 people (up to 3 months). Referrals come from inpatient hospital settings, individuals awaiting residential treatment settings, or those who need additional assessment to determine the appropriate level of support needed in a long-term housing plan. When a vacancy exists, admission is possible within 3 days. The program collaborates with the Regional Mental Health team leader to establish priorities.

Short-term goals will be established with input from the resident and their treatment team. Goals can be adjusted according to ongoing assessment of the resident's areas of strength and growth. Forest Avenue staff will focus on those areas relating to the transition to a more permanent setting.

Each resident has a private bedroom. The kitchen, living room, and bathroom areas are shared within the main building. There is an additional staff area for tenants and support providers to meet with staff. Food and all basic supplies are provided.

On the same site are 3 apartments where 4 individuals have *permanent housing*. They receive support from the same staff. Staff will provide assistance as necessary to prepare meals and help with housekeeping. To qualify for this program, applicants must have a diagnosis of a major mental health disability.

STAFFING:

The 24-hour residential support staff provides medication supervision, personal supervision, and social and daily living skills training, supportive counseling, crisis intervention, and coordination with the tenant's community support team. Because single staffing is often the case, transportation for tenants is not possible.

RENTS AND FEES:

Rooms: Tenants pay \$425 per month and a security deposit of one month's rent.

Apartments: Contract rents are based on fair market rent guidelines. Shelter+Care, BRAP, and Section 8 tenant-based rent subsidies are accepted. A security deposit of one month's contract rent is required.

REFERRAL PROCESS:

Referral to Forest Avenue is made directly to the Intake and Referral Coordinator at 874-1080.

FUNDING

Funding is provided through the Maine Department of Health and Human Services, MaineCare, tenant-based rent subsidies, and tenant rents.

AUBURN HOUSE AND READ STREET PROGRAMS

DESCRIPTION:

Community providers and the Portland Social Services Department have long recognized that a portion of the homeless shelter population was in need of an innovative approach to assist these long-term homeless individuals in establishing permanent housing. Auburn House and Read Street provide non-traditional housing and services. They offer the opportunity for low-barrier housing with individualized services provided to tenants in accordance with their individual needs and desires to receive such services. To qualify for this program, applicants must meet homelessness and income guidelines, as well as, have a diagnosis of a major mental health disability.

The house located at 1103 Forest Avenue (Read Street) in Portland can house 6 women. The house at 15 Croquet Lane (Auburn House), also in Portland, can house 7 men. Auburn House also provides services to consumers in 5 apartments at Croquet Lane. Each has individual and shared living space.

Services provided in these facilities are not structured. Staff is available to work with tenants on areas they choose and when they want help. Initially, basic safety is ensured by the presence of staff 24 hours a day. As tenants become more comfortable with maintaining their apartments and establishing and accessing support services, they will be offered assistance in establishing their own independent housing or other supported housing options. Tenants may be receiving supports from the community, from visiting nurses, the ACT or ACCESS Teams, or other services that individuals might receive while living in any private housing.

Auburn House and Read Street offer a new option for individuals who have not been able to utilize traditional housing and mental health services. The goal of this program is to provide the assistance that this targeted population needs to establish and maintain their own housing in the community.

STAFFING:

Staff for both programs is made up of 1 Program Coordinator, and 10 full time and 1 part time Residential Support Workers.

RENTS AND FEES:

Tenants pay 51% of their gross income for rent not to exceed the Single Room Occupancy (SRO) Fair Market Rent. A security deposit of one month's Single Room Occupancy (SRO) Fair Market Rent is required.

REFERRAL PROCESS:

Referrals to these programs are made to the intake and referral coordinator at 874-1080.

FUNDING:

Funding is provided through the Maine Department of Health and Human Services, MaineCare, and tenant rents.

THE YORK COUNTY SUPPORTED HOUSING PROGRAM

Shalom House, Inc. provides supported housing to adults living with a mental illness who have difficulty living independently in the community. York County has three sites in the Saco/ Biddeford area.

- ❑ **65 Adams Street in Biddeford** accommodates 6 clients.
- ❑ **11 School Street in Saco** accommodates 7 clients.
- ❑ **81 North Street in Saco** accommodates 3 clients.
- ❑ **81 North Street in Saco** accommodates 4 people in a transitional apartment.
- ❑ **14 Center Street in Biddeford** accommodates 7 clients.

Apartments are available for long-term housing. The transitional apartment is for a period of three months. Staff support is available 24 hours a day to all tenants. The role of the Shalom staff is to provide residential support while coordinating and planning with their primary mental health providers.

LONG TERM HOUSING

Apartments are available for 16 people. Some are two-bedroom apartments so staff will provide support for concerns and issues related to shared living. Tenants must with support, be able to live safely in apartments.

Staff is available to provide services to enhance residential stability. Basic safety, supervision, personal care, medication supervision, and coordination with community service providers are offered. Staff will also work to help build a sense of community in these programs. Staff is available 24 hours to provide coverage for all buildings. Shalom House provides some assistance with food and supplies. Rents will be based on fair market rent values. A security deposit of one month's rent is required at time of move-in.

TRANSITIONAL HOUSING

Transitional supported housing will be provided for 4 homeless adults who have no other immediate housing option. In a shared living environment, staff helps assess areas of strengths and needed growth related to daily living activities. Staff works closely with the tenant's community support team to collaborate on ISP goals, especially long-term housing. The length of stay is variable, up to a maximum of 3-6 months.

Services provided include medication supervision, personal supervision, daily living skills training, supportive-counseling and crisis intervention. Those areas most critical to living in more independent housing become the primary focus for staff. Staff will provide assistance as needed with meal preparation and housekeeping. Because single staffing is often the case, transportation for tenants is not possible. For individual rooms tenants pay \$400 per month for rent and a security deposit of one month's rent.

REFERRAL PROCESS:

Referrals may be made directly to the program coordinator at 81 North Street in Saco by calling 283-1500.

FUNDING:

Funding is provided through the Maine Department of Health and Human Services, MaineCare, various rental subsidies, and tenant rents.

SUPPORTED HOUSING PROGRAM - CUMBERLAND

The Supported Housing Program in Cumberland County operates 5 facilities housing 43 people that are supported by one team of mobile support workers. Staff is available to provide services to enhance residential stability. All sites provide long-term housing in either apartments or single rooms. Basic safety, supervision, and coordination of services with other community providers are provided. At two sites, 284 Congress Street and Brannigan House, supervision of medications is available. While staff is not at each site 24 hours a day, there is 24-hour pager coverage for all sites.

Housing Options within the Supported Housing Program are:

- **284 Congress Street** has 5 apartments for individuals who have specialized needs around their housing and supports.
- **Brannigan House** has 10 apartments for individuals who have some skills for independent living but choose to have additional supports.
- **124 Spring Street** is an 8-room facility offering community living with single rooms and shared facilities.
- **269 Vaughan Street** is a 6-room facility offering community living with single rooms and shared facilities.
- **42 Brackett Street** is a 13-room facility offering community living with single rooms and shared facilities.

The major funding sources for the supported housing program are through MaineCare and the Maine Department of Health and Human Services.

SUPPORTED HOUSING PROGRAM – CUMBERLAND CONGRESS STREET

DESCRIPTION:

Congress Street located at 284 Congress Street in Portland has 5 one-bedroom apartments and a first floor common area apartment where staff and tenants can gather for meetings and two communal meals each week. Congress Street provides long-term housing to individuals who have specialized support needs around their housing and treatment. Basic safety, supervision, and coordination of services with other community providers are also provided to tenants. To qualify for this program, applicants must meet Federal income guidelines, as well as, have a diagnosis of a major mental health disability.

STAFFING:

A team of mobile Supported Housing Workers provides staffing with two staff person primarily assigned to Congress Street.

RENTS AND FEES:

Contract rents are based on fair market rent guidelines. Shelter+Care, BRAP, and Section 8 tenant-based subsidies are accepted. A security deposit of one month's contract rent is required at time of move in.

REFERRAL PROCESS:

Referral to Congress Street is made through the Intake Coordinator at 207-874-1080.

FUNDING:

Funding is provided through the Maine Department of Health and Human Services, MaineCare, tenant-based rent subsidies and tenant rent.

SUPPORTED HOUSING PROGRAM – CUMBERLAND BRANNIGAN HOUSE

DESCRIPTION:

Brannigan House Street located at 90 High Street in Portland has 10 apartments consisting of 1 two-bedroom, and 1 one-bedroom and 8 efficiencies. This facility is for individuals who want their own apartment and demonstrate some skills in independent living but choose to have extra support. To qualify for this program, applicants must meet Federal income guidelines and have a diagnosis of a major mental health disability. In addition, no tenant can be a full-time student.

STAFFING:

A team of mobile Supported Housing Workers provides staffing with two staff persons primarily assigned to High Street.

RENTS AND FEES:

Contract rents are based on fair market rent guidelines. Shelter+Care, BRAP, and Section 8 project-based subsidies are provided to qualifying apartments. A security deposit of one month's contract rent is required at time of move in.

REFERRAL PROCESS:

Referral to Brannigan House is made through the Intake Coordinator at 207-874-1080. A waiting list is maintained by the Portland Housing Authority.

FUNDING:

Funding is provided through the Maine Department of Health and Human Services, MaineCare, project-based Section 8 subsidies and tenant rent.

SUPPORTED HOUSING PROGRAM – CUMBERLAND SPRING STREET

DESCRIPTION:

Spring Street is an 8-bedroom house located at 124 Spring Street in Portland. It offers community living with single rooms and other shared facilities. As such, it is not an appropriate setting for someone who has difficulty living in a group. To qualify for this program, applicants must meet Federal homelessness and income guidelines, as well as, have a diagnosis of a major mental health disability.

The residents share household chores and are responsible for maintaining their own rooms, prepare meals, and pick-up after themselves. A monthly community meeting is held to plan and work through issues of living together. In addition, staff will provide two communal meals each week. Upon admission, residents are asked to sign a general agreement outlining household rules and policies.

Each room at Spring Street is single occupancy and is furnished with a dresser, bed, and small refrigerator. There is a shared full kitchen, living room, and two baths. All communal furnishings and utensils are provided. Coin-operated washer and dryer are on site.

STAFFING:

Staffing consists of the Supported Housing Team made up of mobile Supported Housing Workers with one person primarily assigned to Spring Street. The staff is available on-site up to 6 hours each day. They are responsible for oversight of the facility and to provide support to the residents. Each resident will be asked to develop a residential support plan with staff.

RENTS AND FEES:

Tenants pay 30% of their gross income, not to exceed the contract rent or fair market rent guidelines. A security deposit of one month's contract rent is required.

REFERRAL PROCESS:

The application and referral process involves completing a housing application, obtaining a written professional referral, having a tour and talk at one or more residences, gathering of past treatment information, and participating in an admission interview. The Intake Coordinator who can be reached at 207-874-1080 will assist the applicant in beginning the process. If accepted and there are no immediate vacancies, the applicant's name will be placed on a waiting list.

FUNDING:

Funding for Brackett Street is provided through the Maine Department of Health and Human Services and MaineCare, as well as tenant rents.

SUPPORTED HOUSING PROGRAM – CUMBERLAND VAUGHAN STREET

DESCRIPTION:

Vaughan Street is a 6-bedroom house at 269 Vaughan Street in Portland. It offers community living with single rooms and other shared facilities. As such, it is not an appropriate setting for someone who has difficulty living in a group. To qualify for this program, applicants must meet Federal homelessness and income guidelines, as well as, have a diagnosis of a major mental health disability.

Admissions are restricted to individuals who are homeless.

The residents share household chores and are responsible for maintaining their own rooms, prepare meals, and pick up after themselves. A monthly community meeting helps residents to plan and work through community issues. Staff will provide two communal meals each week. Upon admission, residents are asked to sign a general agreement outlining household rules and policies.

Each room at Vaughan Street is single occupancy and is furnished with a bed, dresser, and small refrigerator. Residents may, if they wish, bring their own furniture. The kitchen, dining room, living room, and two bathrooms are shared. All communal furnishing and utensils are provided. Coin operated washer and dryer facilities are on site.

STAFFING:

Staffing is provided by the Supported Housing Team, which is made up of mobile Supported Housing Workers with one person primarily assigned to Vaughan Street. The staff is available on-site up to 6 hours a day. They are responsible for the facility and to provide support to the residents. Each resident will be asked to develop a residential support plan with staff.

RENTS AND FEES:

Tenants pay 30% of their adjusted gross income not to exceed the contract rent or fair market rent guidelines. Shelter+Care provides the rent subsidy to pay the difference between tenant rent and the fair market rent. A security deposit of one month's contract rent is required.

REFERRAL PROCESS:

The application and referral process involves completing a written application, obtaining a written professional referral, gathering past treatment information and an admission interview. The Intake Coordinator who can be reached at 207-874-1080 will assist the applicant in beginning this process. If accepted and there are no immediate vacancies, the applicant's name will be placed on a waiting list.

FUNDING:

Funding for this program is provided through MaineCare, the Maine Department of Health and Human Services, Shelter+Care rent subsidies, and tenant rent.

SUPPORTED HOUSING PROGRAM – CUMBERLAND BRACKETT STREET

DESCRIPTION:

Brackett Street is a 13-bedroom facility located at 42 Brackett Street in Portland. It offers community living with single rooms and shared living rooms, kitchens, and bathrooms. As such, it is not as appropriate setting for someone who has difficulty living in a group. To qualify for this program, applicants must meet Federal income guidelines, as well as, have a diagnosis of a major mental health disability.

Each room at Brackett Street is single occupancy and is furnished with a wardrobe, dresser, bed, and small refrigerator. There is a full kitchen on each floor and three shared baths for the entire building. All communal furnishings and utensils are provided. Occupants are expected to pick up after themselves and maintain their own room, and share in household chores. Laundry facilities are on site. Residents are responsible for their own food and meal preparation. A monthly community meeting helps residents to plan and work through community issues. Staff will provide two communal meals each week.

STAFFING:

The Supported Housing Team provides staffing with 2 staff assigned primarily to Brackett Street. The staff is available on-site 8-10 hours a day. They are responsible for the facility and to provide support to residents. Each resident will be asked to develop a residential support plan with staff.

RENTS AND FEES:

Tenants pay 51% of their gross income not to exceed the contract rent or the fair market rent guidelines. Shelter+Care rent subsidies are accepted. A security deposit of one month's contract rent is required.

REFERRAL PROCESS:

The application and referral process involves completing a written application, obtaining a written professional referral, gathering past treatment information and an admission interview. The Intake Coordinator who can be reached at 207-874-1080 will assist the applicant in beginning this process. If accepted and there are no immediate vacancies, the applicant's name will be placed on a waiting list.

FUNDING:

Funding for Brackett Street is provided through the Maine Department of Health and Human Services and MaineCare, as well as tenant rents.

SHALOM APARTMENTS **(CROQUET LANE)**

DESCRIPTION:

Shalom Apartments located at 52-74 Croquet Lane in Portland near the Northgate Shopping Center consists of 21 one-bedroom subsidized apartments plus a small community building with laundry room and group room. Shalom Apartments has one fully handicap unit and the remaining units can be adapted if needed upon request. To qualify for this program, applicants must meet Federal extremely low and/or very low-income guidelines and quotas, as well as, have a diagnosis of a major mental health disability.

Tenants must be capable of functioning in an apartment without daily supervision. They are responsible for buying groceries, preparing their own meals, doing their own laundry and maintaining their apartments and all other aspects of community living. They are also responsible for their own medication. Tenants are encouraged to utilize community services such as Community Support, Visiting nurses, crisis services, etc., as needed.

STAFFING:

There is no staff on site.

RENTS AND FEES:

Tenants pay 30% of their gross adjusted income for rent. A security deposit of one month's tenant rent is required.

APPLICATION PROCESS:

Preference is given in the following order, to tenants who:

- 1) have been or will be involuntarily displaced from their housing;
- 2) are living in substandard housing or are without housing;
- 3) are paying more than 50% of their income for rent and utilities.

A residency preference for admission is given to residents of York and Cumberland counties, or who have family members in York and Cumberland counties. Although vacancies occur infrequently, individuals are encouraged to apply any time as a waiting list is maintained. Application is made through Property Management, which can be reached at (207) 874-1080

FUNDING:

A project based Section 8 contract provides rental subsidy to eligible applicants.

PLEASANT STREET HOUSING STEVENS AVENUE

DESCRIPTION:

Stevens Avenue, located at 824 Stevens Avenue in Portland, consists of 20 one-bedroom subsidized apartments plus a small laundry room and a community room. Stevens Avenue has two fully handicap units and the remaining units can be adapted if needed upon request. This facility provides permanent housing to individuals who are living with a prolonged mental illness that restricts their ability to live completely independent lives in the community. To qualify for this program, applicants must meet Federal extremely low and/or very low-income guidelines and quotas, as well as, have a diagnosis of a major mental health disability.

Tenants at Stevens Avenue must be capable of functioning in an apartment without daily supervision. They are responsible for buying groceries, preparing their own meals, doing their own laundry, and maintaining their apartments and all other aspects of community living. They must also be responsible for their own medication. Tenants are encouraged to utilize community services such as Community Support, visiting nurses, tenant support worker, crisis services, etc.

STAFFING:

There is no staff on site.

APPLICATION PROCESS:

Preference is given in the following order, to tenants who:

- 4) have been or will be involuntarily displaced from their housing;
- 5) are living in substandard housing or are without housing;
- 6) are paying more than 50% of their income for rent and utilities.

A residency preference for admission is given to residents of York and Cumberland counties, or who have family members in York and Cumberland counties. Although vacancies occur infrequently, individuals are encouraged to apply any time as a waiting list is maintained. Application is made through Property Management, which can be reached at (207) 874-1080

RENTS AND FEES:

Tenants pay 30% of their gross adjusted income for rent. A security deposit of one month's tenant rent is required.

FUNDING:

A project based Section 8 contract provides rental subsidy to eligible applicants.

CHURCH STREET

DESCRIPTION:

Church Street, located at 72 Church Street in Westbrook, is a 7-unit apartment building with 6 one-bedroom and 1 two-bedroom apartments. Tenants are encouraged to utilize community resources as needed. To qualify for this program, applicants must meet Federal income guidelines and have a diagnosis of a major mental health disability.

STAFFING:

There is no staff on site.

RENTS AND FEES:

Contract rents are based on fair market rent guidelines. Shelter+Care, BRAP, and Section 8 tenant-based rent subsidies are accepted. A security deposit of one month's contract rent is required at time of move in.

REFERRAL PROCESS:

Application to this program is made through Property Management who can be reached at 207-874-1080.

ACTION PROGRAM **829-31 CONGRESS STREET**

DESCRIPTION:

The Action program is a jointly administered program of Shalom House Inc. and Spring Harbor Hospital. It brings together the clinical services of an ACT team and Supported Housing services. It is designed to serve individuals who have experienced multiple hospitalizations and for whom previous clinical services have not been effective.

This Action Program residence, located at 829-831 Congress St., has 12 one bedroom apartments and a first floor staff office. Supported housing staff provide medication administration, 24 hour supervision and close coordination with their clinical services from the ACT portion of the program. To qualify for this program, applicants must have had a high level of hospitalizations and have MaineCare insurance.

STAFFING:

There is a full time Supported Housing Coordinator for Shalom staff and 14 supported housing workers who work between two residences. Spring Harbor Hospital employs the more clinical part of the team.

RENTS AND FEES:

Contract rents are based on fair market rent guidelines. Shelter+Care, BRAP, and Section 8 tenant-based subsidies are accepted. A security deposit of one month's contract rent is required at time of move in.

REFERRAL PROCESS:

Referral to ACTION Program residences is made through the ACTION Program by contacting Glynn Mayer at 874-1080.

FUNDING:

Funding is provided through the Maine Department of Health and Human Services, MaineCare, tenant-based rent subsidies and tenant rent.

ACTION PROGRAM **GILMAN HOUSE**

DESCRIPTION:

This Action program residence is located at 98 Gilman Street in Portland. The residence has six individual bedrooms, two shared bathrooms, a common living room and kitchen, and has a first floor office area for staff. One bedroom and the lower bathroom are handicap accessible. Supported housing staff provide medication administration, 24 hour supervision and close coordination with their clinical services from the ACT portion of the program. To qualify for this Action Program applicants must have had a high level of hospitalizations and have MaineCare insurance.

STAFFING:

ACTION Program residences provide 24/7 staff coverage to the tenants.

RENTS AND FEES:

Contract rents are based on fair market rent guidelines. The current rent is \$425 a month. This includes room and food.

REFERRAL PROCESS:

Referral to ACTION Program residences is made through the ACTION Program coordinator, Glynn Mayer at 874-1080.

FUNDING:

Funding is provided through the Maine Department of Health and Human Services, MaineCare, and tenant rent.