

PEER SUPPORT SERVICES

DESCRIPTION:

Since 1992, the Peer Support Services program at Shalom House, Inc. has provided one-to-one help for adults living with mental illness. Peer support workers who have all experienced mental illness and are currently working on their own recovery; assist clients in getting to know Portland, as well as providing support, socialization, recreation, and access to resources. Peer support workers help clients feel more comfortable with their skills so that they can use resources more independently. All peer support workers receive training and supervision to help them be successful in this challenging position. Service is typically provided two to four hours per week. Peer support is client-driven with goals and objectives individually determined.

STAFFING:

Staffing consists of 1 Program Coordinator and Peer Support Workers.

REFERRAL PROCESS:

To assure that ongoing support and coordination can be provided, referral is by a community support worker or other professional. Referral forms may be requested from the Peer Support Coordinator at 874-1080.

FUNDING:

Peer Support Services are funded by the United Way of Greater Portland and the Maine Department of Health and Human Services.